Talent Identification Day

Shoreline Greystones

Sunday 13ᵗʰ November

About the programme:

The Triathlon Ireland talent identification programme has the goal of locating talented junior athletes **between the ages of 14 and 23** and developing them to their full potential in the sport of triathlon. This programme is about high performance sport and developing highly talented athletes who have the potential to compete for their country. It is not a junior participation programme.

We are looking for athletes with the following profile:

- A strong swimming background and some running experience (school cross country, community games participation, athletics club);
- Keen to represent Ireland in one of the fastest growing and exciting Olympic sports;
- A willingness to work up to a standard to compete with the rest of the world.

Standards required

The times/points that we look at for entry to the Junior Development Program squad are given in the High Performance Table.

Details found here

Athletes will be **selected to attend the TID day if they have a record of the required swim and run times as outlined in the table** above and by their survey submission only.

Are you interested?

If you are interested in attending on Sunday, 13ᵗʰ November 2011 please read carefully and complete every question on the survey found below - completing a separate entry for each athlete.

Incomplete surveys will not be considered.

To register you MUST complete the survey here

Survey Closes on Tuesday 1st of November (5pm)

Triathlon Ireland will be in touch with all respondents – both those who are selected to attend the TID day in due course after the deadline and before the event on 13th November 2011 and all other respondents. Please wait to hear from Triathlon Ireland's Junior Programme Manager.

Talent Identification Day Details

Sunday 13th November 2011

10am – 5pm

Meet /Swim: Shoreline Leisure Centre, Greystones, Co. Wicklow (01 2878180)

Track: Shoreline Sports Park, Charlesland, Greystones Co. Wicklow (01 2016145)

14-16yrs – 200m swim and 1500m run. (Time Trial)

17-23yrs – 400m swim and 3000m run. (Time Trial)

Time	Activity
10:00am – 10:30am	Register
10:30am – 10:45am	Welcome
10:45am – 11:00am	Prepare for swim
11:00am – 1:00pm	Swim time trial
1:00pm - 1:30pm	Short break/Lunch
1:30pm – 2:30pm	Presentation on HP triathlon. Questions and Answers
2:30pm – 3:00pm	Move to Charlesland Track – 1km away
3:00pm – 5:00pm	Run time trial and close.

If you achieve the standards?

Athletes that achieve the required points on the TID day will be invited to join our talent development programme. Athletes that do not achieve the standard will be given appropriate advice and everyone is welcome to attend a subsequent Talent Identification Day.

Follow-up talent development programme

Athletes on the talent development pathway are required to attend a monthly regional camp; these are either one day, or two days at the weekend. There will be a subsidy charged for the training camps and for competitions entered. We also hold weekly camps, mainly in the summer. Triathlon Ireland will work with the athletes existing coaches (swimming clubs, running/athletics clubs) to develop athletes to their full potential. Athletes will be given the opportunity to race at an appropriate level for their development and age. We have been running this programme for several years now and have already seen a number of juniors competing successfully and achieving results at International level.

The junior squad is being capably led by TI's accredited Talent Coaches, under the guidance of TI's Junior Program Manager /Assistant Coach Elena Maslova. The Junior Development Program has been developed by TI Performance Director Chris Jones, who still plays a very active role in its operation.

Some news stories on how the Junior Squad are progressing can be seen below:

Junior Squad Racing in the UK

Junior National Series Winners

White 9th in Hungary

Junior High Performance Training Camp

Juniors perform well in Wales

European Championships – Junior Race Report